



*"Canadians will have the healthiest and best managed blood pressure in the world."*

## **Canadian researchers aiming for global gains in hypertension prevention and control**

October 2, 2014

Toronto –Hypertension Canada is pleased to present its 2014 Senior Investigator Awards to Dr. Alexander Logan, Professor of Medicine, University of Toronto, and Dr. Raj Padwal, Director, Hypertension Clinic, University of Alberta. "Ninety percent of Canadians who live a normal life span will develop hypertension," says Angelique Berg, CEO. "Dr. Logan's and Dr. Padwal's work will help public health officials and practitioners everywhere to focus prevention efforts and capitalize on recent gains in drug therapy."

Dr. Logan is currently studying novel ways to treat hypertension, particularly in cases where drugs are ineffective. He uses advanced technology to collect enhanced data from home-based patients with comorbidities such as hypertension, diabetes and sleep apnea. The findings could have significant implications for the way hypertension is treated when it occurs alongside other common conditions.

Dr. Padwal specializes in complex, multisystem conditions like hypertension and obesity, and is currently leading some of Canada's largest studies in this area. One study looks at the way pharmacists can help recovering stroke patients control blood pressure. The results may help to reduce hospital visits.

The awards will be presented on Saturday, October 18, 2014 as part of the Canadian Hypertension Congress at the DoubleTree by Hilton, Gatineau, QC. For more information, visit [Hypertension Canada Awards](#).

### **About Hypertension**

High blood pressure, also called hypertension, affects more than seven million Canadians and is the leading cause of death and disability around the world. Although hypertension is highly preventable and treatable, one in three people living with hypertension have uncontrolled blood pressure and nearly one in five are not even aware of their condition.

### **About Hypertension Canada:**

[Hypertension Canada](#) is the only national charity dedicated solely to the prevention and control of hypertension and its complications, serving the nation's health care professionals in hypertension prevention, control, research, education and advocacy. Our mission is to advance health through the prevention and control of high blood pressure and its complications. Our vision is that Canadians will have the healthiest and best managed blood pressure in the world.

### **Contact:**

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